

Height: _____ Weight: _____ Temperature: _____
Pulse: _____ Blood Pressure: _____ Respirations: _____

Physical Examination

General / Nutritional / Hydration status: _____

Head, Eyes: _____ Conjunctival icterus? Yes ___ No___

Pupils: normal/ pin-point/ dilated? _____

Ears, Nose, Throat: _____

Neck: Cervical adenopathy? Yes___ No___ Stiffness? Yes___ No___

Cardiac: _____ RRR? _____ Murmur? Yes ___ No___

Lungs: _____ Labored breathing? Yes ___ No___

Abdomen: Firm, tender, distended? _____ Spleen or liver enlargement? _____

Skin: Pallor or jaundice? Yes___ No___

Needle sites or track marks? _____ Lesions? _____

Musculoskeletal: Back, extremities, gait _____

Neuro: Coordination and strength intact? Yes___ No___ Weakness? _____

Physical limitations noted? _____

Mental status: Alert, oriented? _____ Somnolent? _____ High? _____

Judgement intact? Yes ___ No___ Mood, Affect: _____

Cognitive function: _____

Other exam comments: _____

Communicable disease or acute illness present? Yes ___ No___

Explanation: _____

Pregnancy status, or testing, if indicated: _____

Current method of contraception: _____

Medical Diagnosis:

Opioid dependence: Yes ____ No ____

Alcohol dependence: Yes ____ No ____

Benzodiazepine dependence: Yes ____ No ____

Other: _____

Assessment/ Plan:

Patient is cleared for a non- medical detox? Yes ____ No ____

Medications to be prescribed – (State the Name of medication(s), Dosage, Frequency, Indication, and Max dose/24 hour period

Approved “Non-prescription Medications”: (please line through unapproved items)

Acetaminophen 325 or 500 mg tab, take as directed on bottle, as needed for discomfort

Ibuprofen 200-400 mg PO every 4-6 hours, as needed for pain or discomfort

Phenylephrine cold medication: not combined with acetaminophen or alcohol, no pseudoephedrine: take as directed on container if needed for cold symptoms

Non-alcohol cough syrup: take as directed on container for cough

Throat lozenges: dissolve orally every 2-4 hours prn throat irritation

Chewable antacid tablets: take as directed on container as needed for stomach upset

Ranitidine 75 mg: take as directed on package as needed for heartburn or GI distress

Omeprazole 20mg: take as directed on bottle as needed for acid indigestion

Imodium 2mg: take as directed on container as needed for diarrhea.

Bisacodyl 15 mg: take as directed on package as needed for constipation

Miralax (polyethylene glycol): take as directed on package if needed for constipation

Loratidine 10 mg: take as directed on package as needed for allergy symptoms

Multi-vitamin and /or vitamin C: take as directed on package

Thiamine: take as directed on bottle for first 7 days of alcohol withdrawal

Folic acid: take as directed on bottle for first 7 days of alcohol withdrawal

Nicotine patch/gum: take as directed by PCP or per box for smoking cessation

Melatonin 3mg: take as directed on container if needed for insomnia

Other: _____

This patient is capable of self-care and admission to Sobriety Centers of NH, Antrim House, for the treatment of substance abuse treatment and may participate in all aspects of this program.

Patient Name: _____

Patient Signature: _____ **Date:** _____

Name and Credentials of Attending Physician or Associate Provider:

Signature of Attending Physician or Associate Provider:

_____ **Date:** _____

Office Address: _____

Office Phone: _____